

RESOURCES

ACUPUNCTURE

Acupuncture of Greater Hartford

Stan Baker, LAC
645 Farmington Ave, Hartford, CT 06105
860.836.1068 • acupuncturestanbaker.com

ProNatural Physicians Group

Traver Garrity MS LAC
120 Webster Square Rd. Berlin, CT 06037
860.829.0707 • acupuncture@travergarrity.com
www.pronaturalphysicians.com
See ad on page 5.

DENTISTRY

Dr. Steven Hinchey

2249 New London Turnpike
South Glastonbury, CT. (860) 633-6518
www.dochincheydmd.com
See ad on page 27.

HEALTH FOOD STORES

Parkade Health Shoppe

Manchester Parkade, 378 West Middle Tpke,
Manchester, CT • 860.646.8178
M-Sat 8am-9pm • Sun 9am-6pm
See ad on page 7.

FINANCIAL PLANNING

Caroline Wetzel, CFP®, AWMA®

Procyon Private Wealth Partners, LLC
1 Corporate Drive Suite 225 Shelton, CT 06484
475.232.2713 • cwetzel@procyonpartners.net
www.linkedin.com/in/caroline-wetzel/
www.procyonpartners.net
See ad on page 25.

HOLISTIC CENTERS

Bridge Healing Arts Center

304 Main Street, Farmington, CT 06032
860.404.2578 • BridgeHAC@aol.com
www.BridgeHAC.com
See ads on page 25 and 31.

CRG

Space Rental for Wellness Professional

Berlin/Kensington- Several rooms available for full or part time rental in central location. Reception area, bathroom, storage space, break room and other amenities provided. Warm soothing atmosphere on 1st floor with large parking lot. Carpeted rooms are currently furnished with massage table/warmer, towel warmer, lighting, music, white noise, seating and side tables. All utilities/ wi-fi included with onsite laundry facilities available. Only serious business minded professionals will be considered. 1 year lease required. Rent for full time is \$500 monthly with prorated amounts for part time. Please contact Lynne at 860.357.4315 or email frontdesk@ctnaturalbalance.com

HOLISTIC PSYCHIATRY

David London, MD

567 Vauxhall St. Ext. #218, Waterford, CT
(860) 443-5822 - davidlondonmd.com

HYPNOSIS

Diane Bahr-Groth, C. Hy., TFT, Dir.

1177 High Ridge Road, Stamford, CT.
(203)595-0110 • mindbodytransformation.com
See ad on page 37.

Mind Matters Hypnosis Center

Lisa Zaccheo, MA, BCH, BCI
Board Certified Hypnotist & Instructor
12 Waterside Court, Avon, CT 06001
(860)693-6448 • MindMatters@comcast.net
www.mindmattershypnosis.com
See ad on page 14.

Michele P. Rousseau, MA, CH

267 William Street, Middletown, CT 06457
860-704-9054 • mprouseau@sbcglobal.net
www.micheleprousseau.com

INTEGRATED MEDICINE

ProNatural Physicians Group

120 Webster Sqr Rd. Berlin, CT 06037
(860) 829-0707
www.ProNaturalPhysicians.com
See ad on page 5.

Sophia Natural Health Center

31 Old Route 7, Brookfield, CT 06804.
(203) 740-9300 • SophiaNaturalHealth.com

Tamara Sachs, MD

Functional Medicine & Integrative Care LLC
15 Bennitt Street, New Milford CT
860-354-3304 • www.tsachsm.com
See ad on page 23.

NATUROPATHIC MEDICINE

Center for Natural Medicine, LLC

640 Main Street, Watertown, CT 06795
860-945-1004 • centerfornaturalmedicine.net
See ad on page 31.

Collaborative Natural Health Partners

Dr. Lauren Young, Dr. Ashley Burkman,
Dr. Tonya Pasternak and Dr Craig Fasullo
315 E. Center St., Manchester, CT 06040
(860) 533-0179 • www.ctnaturalhhealth.com
See ad on page 21.

Naturopathic & Acupuncture Health Center

Dr. Marie Mamnone, Dr. Renee Mamnone, NDs
John Mamnone, Licensed Acupuncturist
274 Silas Deane Hwy., Wethersfield, CT 06109
(860)529-1200 • www.NAHcenter.com

Stacey Munro, N.D.

Nature's Helper Medical Clinic
178 Mountain Road, Suffield, CT 06078
860.758.7808 • www.natureshelpermedical.com

The Wellness Institute

Marvin Schweitzer, ND
1 Westport Ave, Norwalk, CT
(203) 847-2788
See ad on page 23.

West Hartford Naturopathic Medicine

Frank Aieta, ND
301 N. Main St., West Hartford, CT
(860) 232-9662 • www.DRAIETA.com
See ad on page 24.

ProNatural Physicians Group

Dr. Ann Aresco, Dr. Cait Barbiero,
Dr. Martin Opoku, Dr. Jennifer C. Pierre
and Alina Schneider APRN
120 Webster Sqr Rd. Berlin, CT 06037
P: 860-829-0707
F: 860-829-0606
E: ProNaturalPhysicians@comcast.net
www.ProNaturalPhysicians.com
See ad on page 5.

NUTRITION

Holcare Nutrition

Vicki Kobliner MS RD
3 Hollyhock Lane, Suite 2A, Wilton, CT 06897
203-834-9949 • www.holcarenutrition.com
See ad on page 22.

PHYSICIANS, M.D.

Connecticut Women's OB/GYN

South Windsor/West Hartford/Enfield
www.womenshealthct.com • 860-648-2748
See ad on page 23.

Natural Health & Healing, LLC

Deanna M. Cherrone, MD
41 N. Main St, Ste 207, West Hartford, CT
(860) 677-4600 • naturalhealthandhealing.net
See ad on back cover.

Optimal Health Medical, LLC

Henry C. Sobo, M.D.
111 High Ridge Rd. ,Stamford, CT 06905
203-348-8805 • www.dr.sobo.com

Tamara Sachs, MD

Functional Medicine & Integrative Care LLC
15 Bennitt Street, New Milford CT
860-354-3304 • www.tsachsm.com
See ad on page 23.

SCHOOLS

The Graduate Institute

171 Amity Rd, Bethany, CT 06524
(203) 874-4252 • info@learn.edu
See ads on page 27.

SKINCARE

Anew You Skincare & Wellness Center

Melissa Martin, 16A Ensign Drive, Avon.
(860)284-9730 • www.anewyouskincare.net
Melissa@anewyouskincare.net